



48 Finish	47	46	45 You drink water instead of fizzy pop. Move on 2.	44	43 You watch TV all day. Move back 4.	42	41 
33 	34	35 	36	37 You stay up too late. Move back 3.	38	39	40
32 You get lots of fresh air. Move on 2.	31	30	29	28 You go swimming. Move on 3.	27	26 You play computer games all day. Move back 3.	25
17	18	19	20 You eat too many sweets. Miss a turn.	21	22	23	24

16	15 You walk to school, move on 2 places.	14 	13	12	11	10	9
1 Start	2	3	4	5 You eat an apple and a banana. Move on 4 places.	6 	7	8 You don't brush your teeth. Go back to Start .