

You are not alone

Bible Base: Deuteronomy 31:6

Equipment you might need: Where's God when I am s-scared – Veggie Tales DVD and Equipment to play it.

Opening Prayer: Ask the children and young people to finish these sentences in their heads and pray them to God.

Dear Lord Jesus,

Today I have come here feeling ...

Thank you that you know me and you care about my feelings

Please help me tomorrow as I do...

Thank you that I can know that you are going to be with me.

Please help me to listen and understand more about you now.

Amen.

Song: My God is so Big

Read: Deuteronomy 31:6

You may choose to use this version from the message Bible and give pairs a small section to read out loud.

"Be strong. Take courage. Don't be intimidated. Don't give them a second thought because GOD, your God, is striding ahead of you. He's right there with you. He won't let you down; he won't leave you."

Thoughts: What makes you feel scared? What do you do when you feel scared?

Illustration: Show clip of "Where's God when I am S-Scared" Veggie Tales DVD start time 08:10 – 12:10 or share a story, personal or fictional, about someone who is scared but God helps them out.

Activity: Create a pneumonic with the word hand to remind you that God is with you holding your hand at all times. When you look at your hand remember that He is near you.

For Example

Help		His
Always	Or	Arms
Near		Never
Daily		Depart

Prayer:

T – Thank you God that you are always with us, and care about us lots.

S – Sorry when we don't pray to you and tell you what is happening in our lives.

P – Please help us with the things we feel scared about.