

If you plan a Welcome Night for new members at the start of the new GB Session, why not try a makeover evening and use these clever ideas.

Chocolate face pack

Great for all types of skin

Ingredients:

Four Tablespoons of Cocoa

Five Tablespoons of Milk

Mix all the ingredients together in a bowl until it looks like thick "Angel Delight"

Apply to face

Leave for 10 mins for dry skin or 20mins for oily skin.

Rinse with warm water.

Honey face pack

Great for dry skin

Ingredients:

Two tablespoons of honey

Two tablespoons of milk

Mix all the ingredients together in a bowl.

Apply to face

Leave for 10 mins

Rinse with warm water.

Lemon Moisturiser

Ingredients:

The juice of half a lemon

4 heaped tablespoons of plain yogurt

Mix all the ingredients in a bowl

Rub into skin until it is absorbed